

## **18 Signs and Descriptions**

### **18.1 Start/Heeling and Conduct**

The “Start/Heeling and Conduct” Station shall be the first numbered Station on the course. Until January 1, 2016, affiliates will be allowed to continue providing the individual Start and Heeling and Conduct signs for trials, rather than the combined sign. Judges must place the Heeling and Conduct sign to the right of the Start sign if the set of signs provided by the affiliate still includes the two signs.







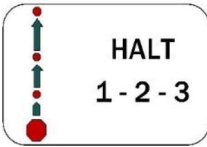
Signs list at the end of each level’s chapter will also show the Start/Heeling and Conduct as one combined sign rather than as separate signs.






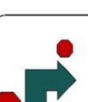


### **18.2 Primary Parts of Exercises; Stationary Exercises**

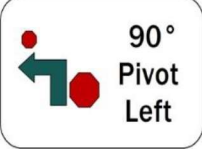


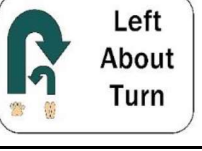
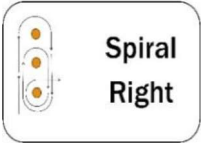
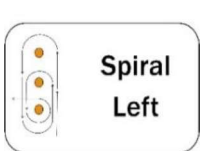


The “Primary” parts of the exercises are bold and underlined. These portions must be performed correctly, or the exercise shall be scored Incorrectly Performed (IP). The column ‘S’ denotes Stationary exercises.



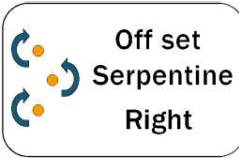

## ASCA Rally Signs





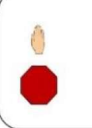
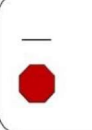



(New Signs **Effective June 2018**)








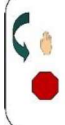

#	SIGN	LEVEL	S	NAME & DESCRIPTION
		N, A, E, M		<b>Finish:</b> Designates the end of the course. Both handler and dog must pass the Finish sign for time to stop. When the sign directly faces the gate, it must be placed at least six feet away.
1		N, A, E, M		<b>Start, Heeling and Conduct:</b> Designates the beginning of the course. Team lines up with dog sitting in heel position just before or at the left of sign. All imperfections in heeling on the course between stations shall be scored here. All Handler Errors and misbehavior not associated with specific exercises while in the ring shall also be scored here. (See Chapter 2 Sections <a href="#">19</a> , <a href="#">21</a> , <a href="#">23</a> , <a href="#">25</a> , and <a href="#">27</a> .) No ½-point deductions.
2		N, A, E, M	S	<b>Halt, Fast:</b> <u>Handler stops, dog sits</u> in heel position. At sign, <u>Team heels forward at a noticeably faster than normal pace</u> in heel position until the next sign which must be a Normal Pace sign.
3		N, A, E, M		<b>Fast Pace:</b> At sign, <u>team's speed increases at a noticeably faster than normal pace</u> in heel position until next sign, which must be a Normal Pace sign.
4		N, A, E, M		<b>Slow Pace:</b> At sign, <u>team's speed decreases at a noticeably slower than normal pace</u> in heel position until next sign, which must be a Normal Pace or Finish Sign.
5		N, A, E, M		<b>Normal Pace:</b> At sign, <u>team's speed returns to normal pace</u> in heel position.
6		N, A, E, M	S	<b>Halt, 1 - 2 - 3:</b> <u>Handler stops, dog sits</u> in heel position. While maintaining heel position, <u>Team heels one handler step, handler stops, dog sits. Team heels two handler steps, handler stops, dog sits. Team heels three handler steps, handler stops, dog sits.</u> Team heels forward.


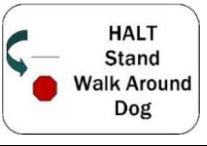


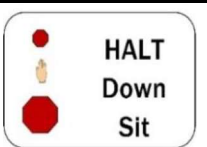



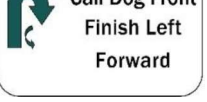
7	 Call Dog Front 1 - 2 - 3 Backwards	N, A, E, M	S	<b>Call Dog Front 1 - 2 - 3 Backwards:</b> <u>Team stops heeling forward</u> , as handler steps backwards and <u>calls dog to front position, dog sits facing handler. Handler takes one step back with dog, dog sits facing handler. Handler takes two steps back with dog, dog sits facing handler, Handler takes three steps back with dog, dog sits facing handler.</u> <u>Handler has dog return to heel position by the method of choice without sitting.</u> Team heels forward.
8	 360° Circle Right	N, A, E, M		<b>360 Circle Right:</b> Team turns in a small <u>360-degree (full) circle to the right</u> while in heel position.
9	 360° Circle Left	N, A, E, M		<b>360 Circle Left:</b> Team turns in a small <u>360-degree (full) circle to the left</u> while in heel position.
10	 Right Turn	N, A, E, M		<b>Right turn (limit one in E, M):</b> Team makes a <u>90-degree turn to the right</u> in heel position.
11	 270° Left	N, A, E, M		<b>270 Left:</b> Team makes a small <u>270-degree circle turn to the left</u> in heel position.
12	 90° Pivot Right	N, A, E, M	S	<b>90 Pivot Right:</b> <u>Handler stops, dog sits</u> in heel position. Team makes a <u>90-degree pivot (turn in place) to the right, dog moves with handler</u> in heel position. <u>Handler stops, dog sits</u> in heel position. Team heels forward.
13	 Left Turn	N, A, E, M		<b>Left Turn (limit one in E, M):</b> Team makes a <u>90-degree turn to the left</u> in heel position.
14	 270° Right	N, A, E, M		<b>270 Right:</b> Team makes a small <u>270-degree circle turn to the right</u> in heel position.

15	 90° Pivot Left	N, A, E, M	S	<b>90 Pivot Left:</b> <u>Handler stops, dog sits</u> in heel position. Team makes a <b>90-degree pivot (turn in place) to the left</b> . <u>Dog moves with handler</u> in heel position. <u>Handler stops, dog sits</u> in heel position. Team heels forward.
16	 About Turn	N, A, E, M		<b>About Turn:</b> Team makes an <b>about turn to the right</b> in heel position, moving the opposite direction they were traveling.
17	 U Turn	N, A, E, M		<b>U Turn:</b> Team makes an <b>about turn to the left</b> in heel position, moving the opposite direction they were traveling.
18	 Left About Turn	N, A, E, M		<b>Left About Turn:</b> <u>Handler makes an about turn to the left. While handler turns left, the dog moves right and behind handler</u> , resuming heel position while moving forward.
19	 Spiral Right	N, A, E, M		<b>Spiral Right:</b> Three cones are placed six to eight feet apart in a straight line. <u>Team enters with first cone (base) on their right. They circle all three cones using the first cone as their base. They then circle two cones, returning to the base, then circle the base cone, and exit with base cone on their right.</u>
20	 Spiral Left	N, A, E, M		<b>Spiral Left:</b> Three cones are placed six to eight feet apart in a straight line. <u>Team enters with first cone (base) on their left. They circle all three cones using the first cone as their base. They then circle two cones, returning to the base, then circle the base cone, and exit with base cone on their left.</u>
21	 Serpentine Cones One Way	N, A, E, M		<b>Serpentine Cones, One Way:</b> Four cones are placed 6 to 8 feet apart in a straight line. <u>Team enters with first cone to their left, and weaves while heeling down throughout the cones and exits with last cone on their right.</u>
22	 Serpentine Cones Down & Back	N, A, E, M		<b>Serpentine Cones, Down &amp; Back:</b> Four cones are placed 6 to 8 feet apart in a straight-line <u>Team enters with first cone to their left, and while heeling weaves down throughout the cones, around the last one, and back the other way and exits with last cone to their left.</u>




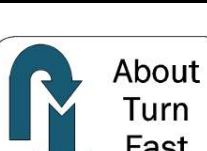

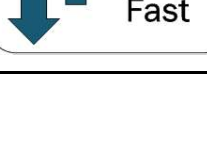

23		N, A, E, M	<p><b>Sit Stay:</b> Immediately after passing the “Finish” sign, the team proceeds to this sign. <b>The dog is placed in sit.</b> The handler commands and/or signals the dog to stay. In Novice, the <b>handler shall walk forward to the end of the 6-foot leash, turn to face the dog, pause, and then return around the dog</b> to heel position. The dog must <b>remain in a sit.</b> When the judge says, “Exercise Finished” the handler releases the dog and exits the ring. In Advanced, Excellent and Masters, the <b>handler proceeds to the leash</b> placed along the side of the ring where the exit is located, <b>retrieves it and returns around behind the dog</b> to heel position. The dog must <b>remain in a sit.</b> After the judge says, “Exercise Finished”, the handler attaches the lead to the dog’s collar and exits the ring. In Advanced, the leash shall be 10 feet away, in Excellent, the leash shall be 15 feet away, and in Masters, the leash shall be 20 feet away.</p>
24		N, A, E, M	<p><b>Down Stay:</b> Immediately after passing the “Finish” sign, the team proceeds to this sign. The <b>dog is placed in down.</b> The <b>handler commands and/or signals the dog to stay.</b> In Novice, the <b>handler shall walk forward to the end of the 6-foot leash, turn to face the dog, pause, and then return around the dog</b> to heel position. The dog must <b>remain in a down.</b> When the judge says, “Exercise Finished” the handler releases the dog and exits the ring. In Advanced, Excellent and Masters, <b>the handler proceeds to the leash</b> placed along the side of the ring where the exit gate is located, <b>retrieves it and returns around behind the dog</b> to heel position. The dog must <b>remain in a down.</b> After the judge says, “Exercise Finished”, the handler attaches the lead to the dog’s collar and exits the ring. In Advanced, the leash shall be 10 feet away, in Excellent, the leash shall be 15 feet away, and in Masters, the leash shall be 20 feet away.</p>
25		N, A, E, M	<p><b>Offset Serpentine Right:</b> Three cones are set 6 - 8 feet apart for Novice and Advanced; 4-6 feet apart for Excellent and masters. The middle cone is moved 3 - 4 feet to the right. <b>The team enters with the first cone on their right, and weaves through with the second offset cone to their left and the final cone to their right.</b> Entrance and exit for this sign are straight on and do not create a turn for the entrance or exit.</p>
26		N, A, E, M	<p><b>Offset Serpentine Left:</b> Three cones are set 6 - 8 feet apart for Novice and Advanced; 4 - 6 feet apart for Excellent and masters. The middle cone is moved 3 - 4 feet to the left. <b>The team enters with the first cone on their left, and weaves through with the second offset cone to their right and the final cone to their left.</b> Entrance and exit for this sign are straight on and do not create a turn for the entrance or exit.</p>


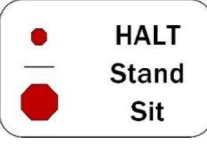
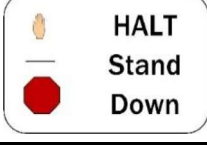
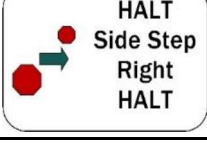




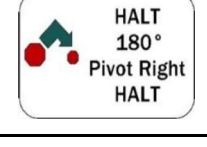

27	 45° Diagonal Right	N, A, E, M		<b>45° Diagonal Right:</b> Team makes a <u>45-degree turn to the right</u> in heel position.
28	 45° Diagonal Left	N, A, E, M		<b>45° Diagonal Left:</b> Team makes a <u>45-degree turn to the left</u> in heel position.
29	 225° Loop Right	N, A, E, M		<b>225° Loop Right:</b> Team makes a <u>225-degree turn to the right</u> in heel position.
30	 225° Loop Left	N, A, E, M		<b>225° Loop Left:</b> Team makes a <u>225-degree turn to the left</u> in heel position.
100	 <b>HALT</b> Down	N	S	<b>Halt, Down:</b> <u>Handler stops, dog sits</u> in heel position. At handler's command and/or signals <u>Dog downs from sit. Handler pauses.</u> Team heels forward from down.
101	 <b>HALT</b> Stand	N	S	<b>Halt, Stand:</b> <u>Handler stops, dog sits</u> in heel position. At handler's command and/or signals, <u>dog stands</u> in heel position. <u>Handler pauses.</u> Team heels forward from stand. Handler may gently assist dog to stand.
102	 <b>HALT</b> Front Dog Finish Right, HALT	N	S	<b>Halt, Front Dog, Finish Right, Halt:</b> <u>Handler stops, dog sits</u> in heel position. <u>Handler steps around to front of dog. Dog finishes right, around handler</u> back to heel position, <u>dog sits.</u> Team heels forward moving in the opposite direction they were traveling.
103	 <b>HALT</b> Front Dog Finish Left, HALT	N	S	<b>Halt, Front Dog, Finish Left, Halt:</b> <u>Handler stops, dog sits</u> in heel position. <u>Handler steps around to front of dog. Dog finishes back left to handler</u> to heel position, <u>dog sits.</u> Team heels forward moving in the opposite direction they were traveling.
104	 <b>Call Dog Front</b> Return Right	N	S	<b>Call Dog Front, Return Right:</b> <u>Team stops heeling forward</u> as handler steps backwards and <u>calls dog to front position, dog sits facing handler. Handler returns around dog, stops in heel position, pauses.</u> Team heels forward moving in the opposite direction they were traveling.




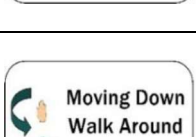

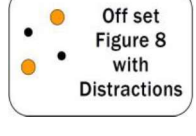
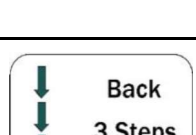
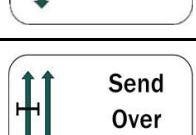
105	 Call Dog Front Return Left	N	S	<b>Call Dog Front, Return Left:</b> <u>Team stops heeling forward</u> as handler steps backward and <b><u>calls dog to front position, dog sits facing handler. Handler returns</u></b> back to <b><u>left, stops in heel position, pauses.</u></b> Team heels forward moving in the opposite direction they were traveling.
106	 About Turn U Turn	N		<b>About Turn, U Turn:</b> Team makes an <b><u>about turn to the right</u></b> in heel position, moving the opposite direction they were traveling. Upon completion of the about turn, <b><u>without hesitation</u></b> the team makes an <b><u>about turn to the left</u></b> in heel position. Team heels forward. Up to two steps can be taken between turns for balance.
107	 U Turn About Turn	N		<b>U Turn, About Turn:</b> Team makes an <b><u>about turn to the left</u></b> in heel position, moving the opposite direction they were traveling. Upon completion of the about turn, <b><u>without hesitation</u></b> the team makes an <b><u>about turn to the right</u></b> in heel position. Team heels forward. Up to two steps can be taken between turns for balance.
120	 <b>HALT</b>	N, A	S	<b>Halt:</b> <b><u>Handler stops, dog sits</u></b> in heel position. Team heels forward.
121	 <b>Down</b>	N, A	S	<b>Down:</b> <b><u>While heeling, dog downs</u></b> in heel position at handler's command and/or signals, <b><u>handler pauses</u></b> in heel position while dog remains down. Team heels forward.
122	 Moving Side Step Right	N, A		<b>Moving Side Step Right:</b> Without hesitation and still heeling forward, <b><u>team takes one handler right diagonal step</u></b> in heel position towards sign.
123	 <b>HALT</b> Walk Around Dog	N, A	S	<b>Halt, Walk Around Dog:</b> <b><u>Handler stops, dog sits</u></b> in heel position. <b><u>Handler walks around dog and pauses</u></b> in heel position while <b><u>dog remains sitting.</u></b> Team heels forward.
124	 <b>HALT</b> Down Walk Around Dog	N, A	S	<b>Halt, Down, Walk Around Dog:</b> <b><u>Handler stops, dog sits</u></b> in heel position. <b><u>Dog downs on command and/or signal. Handler walks around dog and pauses</u></b> in heel position while <b><u>dog remains down.</u></b> Team heels forward.
125	 Off set Figure 8	N, A		<b>Offset Figure 8:</b> Two cones are set 8 to 10 feet apart. <b><u>Team enters center of cones, heeling a single complete figure eight, and exits.</u></b> <b><u>Team shall pass the center of cones three times.</u></b>




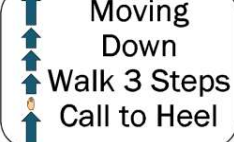




200		A, E	S	<b>Halt, Stand, Walk 3 Steps, Face Dog, Return:</b> <u>Handler stops, dog sits.</u> At handler's command and/or signal, <u>dog stands</u> in place in heel position. <u>Handler walks at least three steps, turns, faces dog and pauses.</u> <u>Handler returns around dog and pauses</u> in heel position while dog remains standing. Team heels forward.
201		A, E	S	<b>Halt, Stand, Walk Around Dog:</b> <u>Handler stops, dog sits</u> in heel position. <u>Dog stands on command and/or signal.</u> <u>Handler walks around dog and pauses</u> in heel position while <u>dog remains standing.</u> Team heels forward.
202		A, E	S	<b>Halt, Walk 3 Steps, Face Dog, Call Front, Finish, Halt:</b> <u>Team halts and dog sits.</u> At handler's command and/or signal, <u>dog stays</u> in place <u>while handler continues at least three steps forward.</u> <u>Handler turns and faces dog,</u> at handler's command and/or signal, <u>dog comes directly to front position and sits.</u> <u>Dog finishes and sits</u> in heel position. Team heels forward.
203		A, E	S	<b>Stand:</b> <u>While heeling, dog stops and stands</u> in heel position. <u>Handler pauses</u> in heel position while <u>dog remains standing.</u> Team heels forward.
220		A, E, M	S	<b>Halt, Down, Sit:</b> <u>Handler stops, dog sits,</u> in heel position. At handler's command and/or signals, <u>Dog downs from sit, then sits from down,</u> all in heel position. Team heels forward.
221		A, E, M	S	<b>Halt, About Turn:</b> <u>Handler stops, dog sits</u> in heel position. Team makes an <u>about turn to the right</u> and moves forward in heel position.
222		A, E, M	S	<b>Halt, U Turn:</b> <u>Handler stops, dog sits</u> in heel position. Team makes an <u>about turn to the left</u> and moves forward in heel position.
223		A, E, M	S	<b>Call Dog Front, Finish Right, Forward:</b> <u>Team stops heeling forward,</u> as handler steps backwards and <u>calls dog to front position, dog sits facing handler.</u> <u>Dog finishes right while handler moves forward, dog catches up</u> to heel position. There is <u>no sit after the finish.</u>
224		A, E, M	S	<b>Call Dog Front, Finish Left, Forward:</b> <u>Team stops heeling forward,</u> as handler steps backwards and <u>calls dog to front position, dog sits facing handler.</u> <u>Dog finishes left while handler moves forward, dog catches up</u> to heel position. There is <u>no sit after the finish.</u>




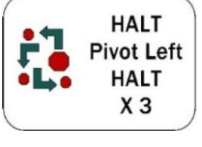

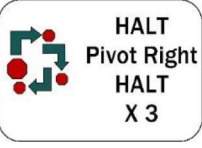





225	 Call Dog Front Finish Right, HALT	A, E, M	S	<b>Call dog Front, Finish Right, Halt:</b> <u>Team stops heeling forward</u> , as handler steps backwards and <b><u>calls dog to front position, dog sits facing handler. Dog finishes right</u></b> to heel position while handler remains stationary, <b><u>dog sits</u></b> . Team heels forward.
226	 Call Dog Front Finish Left, HALT	A, E, M	S	<b>Call Dog Front, Finish Left, Halt:</b> <u>Team stops heeling forward</u> , as handler steps backwards and <b><u>calls dog to front position dog sits facing handler. Dog finishes left</u></b> to heel position while handler remains stationary, <b><u>dog sits</u></b> . Team heels forward.
227	 About Turn Side Step Right	A, E, M		<b>About Turn, Side Step Right:</b> Team makes an <b><u>about turn to the right</u></b> in heel position, moving the opposite direction they were traveling. Handler may take 1 or two steps, then without hesitation and still heeling forward, <b><u>team takes one handler right diagonal step</u></b> in heel position.
228	 About Turn Fast	A, E, M		<b>About Turn, Fast:</b> Team makes an <b><u>about turn to the right</u></b> in heel position, moving the opposite direction they were traveling. Immediately after completing the turn, <b><u>team's speed increases at a noticeably faster than normal pace</u></b> in heel position until the next sign, which must be a Normal Pace sign.
229	 U Turn Fast	A, E, M		<b>U Turn, Fast:</b> Team makes an <b><u>about turn to the left</u></b> in heel position, moving the opposite direction they were traveling. Immediately after completing the turn, <b><u>team's speed increases at a noticeably faster than normal pace</u></b> in heel position until the next sign, which must be a Normal Pace sign.
230	 Cloverleaf Right	A, E, M		<b>Cloverleaf Right:</b> Three cones are placed in a triangle pattern with cones about 6 feet apart. <b><u>Team enters in the center of the base cones and starting with the base cone to their right heels a single complete figure eight around the base cones</u></b> in heel position. <b><u>Upon completing the loops around the base cones, team makes a loop around the third cone at the top of the triangle</u></b> in heel position. <b><u>Team exits between the base cones</u></b> in heel position moving in the opposite direction they were traveling. This is a 180° change of direction exercise.
231	 Cloverleaf Left	A, E, M		<b>Cloverleaf Left:</b> Three cones are placed in a triangle pattern with cones about 6 feet apart. <b><u>Team enters in the center of the base cones and starting with the base cone to their left heels a single complete figure eight around the base cones</u></b> in heel position. <b><u>Upon completing the loops around the base cones, team makes a loop around the third cone at the top of the triangle</u></b> in heel position. <b><u>Team exits between the base cones</u></b> in heel position moving in the opposite direction they were traveling. This is a 180° change of direction exercise.


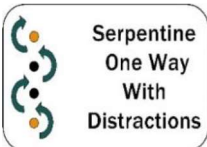

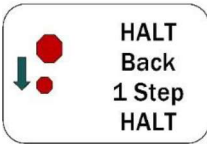


300		E, M	S	<b>Halt, Slow:</b> <u>Handler stops, dog sits</u> in heel position. At sign, <b>Team heels at a noticeably slower than normal pace</b> in heel position until the next sign which must be a Normal Pace or the Finish sign.
301		E, M	S	<b>Halt, Stand, Sit:</b> <u>Handler stops, dog sits</u> in heel position. At handler's command and/or signals, <b>dog stands from sit, then sits from stand</b> , all, in heel position. Team heels forward.
302		E, M	S	<b>Halt, Stand, Down:</b> <u>Handler stops, dog sits</u> in heel position. At handler's command and/or signals, <b>dog stands from sit, then downs from stand</b> , all, in heel position. <u>Handler pauses</u> . Team heels forward.
303		E, M	S	<b>Halt, Side Step Right, Halt:</b> <u>Handler stops, dog sits</u> in heel position. <b>Team takes one handler step to the right</b> towards sign, <b>handler stops, dog sits</b> in heel position. Team heels forward.
304		E, M		<b>Double Left About:</b> Handler makes an <b>about turn to the left</b> . <b>While handler turns left, dog moves right and behind handler. Team repeats this one more time</b> , resuming heel position while moving forward. This is in essence a 360 left for handler and 360 right for dog. Up to two steps can be taken between turns for balance.
305		E, M	S	<b>Halt, Turn Right 1 Step, Call to Heel, Halt:</b> <u>Handler stops, dog sits</u> in heel position. <b>Dog stays while handler turns right and takes one handler step and stops. Handler then calls dog to a sit</b> in heel position. Team heels forward.
306		E, M	S	<b>About Turn, Halt:</b> <b>Team makes an about turn to the right</b> in heel position. <b>At end of turn, handler stops, dog sits</b> in heel position. Team heels forward.
307		E, M	S	<b>U Turn, Halt:</b> <b>Team makes an about turn to the left</b> in heel position. <b>At end of turn, handler stops, dog sits</b> in heel position. Team heels forward.
308		E, M	S	<b>Halt, 180 Pivot Right, Halt:</b> <u>Handler stops, dog sits</u> in heel position. Team makes a <b>180-degree pivot (turn in place) to the right. Dog moves with handler</b> in heel position. <b>Handler stops, dog sits</b> in heel position. Team heels forward.
309		E, M	S	<b>Halt, 180 Pivot Left, Halt:</b> <u>Handler stops, dog sits</u> in heel position. Team makes a <b>180-degree pivot (turn in place) to the left. Dog moves with handler</b> in heel position. <b>Handler stops, dog sits</b> in heel position. Team heels forward.

310		E, M	S	<b>Halt, Call Front, Finish Right, Halt:</b> <u>Handler stops, dog sits</u> in heel position. <u>While stationary, handler calls dog to front position, dog sits facing handler. Dog finishes right</u> to heel position while handler remains stationary, <u>dog sits</u> . Team heels forward.
311		E, M	S	<b>Halt, Call Front, Finish Left, Halt:</b> <u>Handler stops, dog sits</u> in heel position. <u>While stationary, handler calls dog to front position, dog sits facing handler. Dog finishes left</u> to heel position while handler remains stationary, <u>dog sits</u> . Team heels forward.
312		E, M	S	<b>Moving Stand, Walk Around Dog:</b> At handler's command and/or signal, <u>dog stands and stays</u> in place <u>while handler continues moving and walks around dog. Handler pauses</u> in heel position while <u>dog remains standing</u> . Team heels forward.
313		E, M	S	<b>Moving down, Walk Around Dog:</b> At handler's command and/or signal, <u>dog downs and stays</u> in place <u>while handler continues moving and walks around downed dog. Handler pauses</u> in heel position while <u>dog remains down</u> . Team heels forward.
314		E, M		<b>Offset Figure 8 with Distractions:</b> Two cones are set eight 8 to 10 feet apart. Two distractions, either toys (6-12" in size) or bowls (1-2 qt. size) with food (securely covered), shall be placed six 6 to 8 feet apart, at right angles to cones. <u>Team enters center of cones, heeling a single complete figure eight, and exits. Team shall pass the center of cones three times.</u> Cones and distractions may not be used by any other exercise. Other sections of the course path may not pass through the cones and distractions.
315		E, M		<b>Back 3 Steps:</b> <u>Without hesitation, team takes at least three handler steps back</u> , dog maintains heel position. Team heels forward.
316		E, M		<b>Send Over Jump:</b> While heeling, Team approaches jump, and without hesitation, <u>dog jumps over jump</u> and returns to heel position before next sign, without crossing handler's path.
317		E, M		<b>About Turn, Slow:</b> Team makes an <u>about turn to the right</u> in heel position, moving the opposite direction they were traveling. Immediately after completing the turn, <u>team's speed decreases at a noticeably slower than normal pace</u> in heel position until the next sign, which must be a Normal Pace or Finish sign.

318		E, M		<b>U Turn, Slow:</b> Team makes an <b>about turn to the left</b> in heel position, moving the opposite direction they were traveling. Immediately after completing the turn, <b>team's speed decreases at a noticeably slower than normal pace</b> in heel position until the next sign, which must be a Normal Pace or Finish sign.
319		E, M		<b>Spiral Right, with Distraction:</b> Two cones and a distraction in the middle are placed six to eight feet apart in a straight line. <b>Team enters with first cone (base) on their right. They circle all three objects using the first cone as their base. They then circle two objects, returning to the base, then circle the base cone, and exit with base cone on their right.</b>
320		E, M		<b>Spiral Left, with Distraction:</b> Two cones and a distraction in the middle are placed six to eight feet apart in a straight line. <b>Team enters with first cone (base) on their left. They circle all three objects using the first cone as their base. They then circle two objects, returning to the base, then circle the base cone, and exit with base cone on their left.</b>
321		E, M		<b>Moving Down, Walk 3 Steps, Call to Heel:</b> At handler's command and/or signal, <b>dog downs and stays</b> in place while <b>handler continues at least three steps forward. Without hesitation, handler commands and/or signals the dog to resume</b> heel position.
322		E, M		<b>Moving Stand, Walk 3 Steps, Call to Heel:</b> At handler's command and/or signal, <b>dog stands and stays</b> in place while <b>handler continues at least three steps forward. Without hesitation, handler commands and/or signals the dog to resume</b> heel position.
325		E, M	S	<b>Call Front, 1 Step Right, Finish, Forward:</b> <b>Team stops heeling forward</b> , as handler steps backwards and <b>calls dog to front position, dog sits facing handler. Team takes 1 step to handler's right, dog sits facing handler. Dog finishes while handler moves forward, dog catches up</b> to heel position. There is <b>no sit after the finish.</b>
326		E, M	S	<b>Call Front, 1 Step Left, Finish, Forward:</b> <b>Team stops heeling forward</b> , as handler steps backwards and <b>calls dog to front position, dog sits facing handler. Team takes 1 step to handler's left, dog sits facing handler. Dog finishes while handler moves forward, dog catches up</b> to heel position. There is <b>no sit after the finish.</b>
327		E, M	S	<b>Halt, Down, Walk 3 Steps, Face Dog, Call Front, Finish, Halt:</b> <b>Team halts and dog sits.</b> At handler's command and/or signal, <b>dog downs</b> in place <b>while handler continues at least three steps forward. Handler turns and faces dog.</b> At handler's command and/or signal, <b>dog comes directly to front position and sits. Dog finishes and sits</b> in heel position. Team heels forward.

400		M	S	<b>Moving Stand, Walk 3 Steps, Face Dog, Down, Return:</b> At handler's command and/or signal, <u>dog stands</u> in place <u>while handler continues at least three steps forward. Handler turns, faces dog, and pauses.</u> At handler's command and/or signal, <u>dog downs</u> in place. <u>Handler returns around dog and pauses</u> in heel position. Team heels forward.
401		M	S	<b>Moving Stand, Walk 3 Steps, Face Dog, Signals, Return:</b> At handler's command and/or signal <u>dog stands</u> in place <u>while handler continues at least three steps forward. Handler turns, faces dog, and pauses.</u> At handler's signals, <u>dog downs, then sits,</u> both in place. <u>Handler returns around dog and pauses</u> in heel position. Team heels forward.
402		M	S	<b>Side Step, Forward Step, Halt:</b> <u>Without hesitation,</u> and towards sign, <u>Team takes one handler step to the right, then, one handler step forward,</u> both in heel position. <u>Handler stops, dog sits</u> in heel position. Team heels Forward.
403		M	S	<b>Halt, Pivot Left, Halt X 3:</b> <u>Handler stops, dog sits</u> in heel position. Team makes a <u>90-degree pivot (turn in place) to the left. Dog moves with handler</u> in heel position. <u>Handler stops, dog sits</u> in heel position. <u>Team repeats this two more times.</u> Team heels forward. This exercise has four (4) Halts and puts you in the same direction as a 270-degree turn.
404		M	S	<b>270° Left, Halt:</b> Team makes a small <u>270-degree circle turn to the left</u> in heel position. At end of turn <u>Handler stops, dog sits</u> in heel position. Team heels forward.
405		M	S	<b>Halt, Pivot Right, Halt, X 3:</b> <u>Handler stops, dog sits</u> in heel position. The Team makes a <u>90-degree pivot (turn in place) to the right. Dog moves with handler</u> in heel position. <u>Handler stops, dog sits</u> in heel position. <u>Team repeats this two more times.</u> Team heels forward. This exercise has four (4) halts and puts you in the same direction as a 270-degree turn.
406		M	S	<b>270° Right, Halt:</b> Team makes a small <u>270-degree circle turn to the right</u> in heel position. At end of turn <u>Handler stops, dog sits</u> in heel position. Team heels forward.
407		M	S	<b>Left About, Halt:</b> <u>Handler makes an about turn to the left. While handler turns left, dog moves right and behind handler,</u> at end of turn <u>Handler stops, dog sits</u> in heel position. Team heels forward.
408		M	S	<b>Moving Stand, Walk 3 Steps, Face Dog, Call to Heel:</b> At handler's command and/or signal, <u>dog stops at a stand</u> in place <u>while handler continues at least three steps forward. Handler turns and faces dog.</u> At handler's command and/or signal, <u>dog returns directly to a sit</u> in heel position. Team heels forward.



409	 <p>Moving Down Walk 3 Steps Face Dog Call to Front Finish, HALT</p>	M	S	<p><b>Moving Down, Walk 3 Steps, Face Dog, Call to Front, Finish, Halt:</b> At handler's command and/or signal, <u>dog downs and stays</u> in place <u>while handler continues at least three steps forward</u>. <u>Handler turns and faces dog</u>, at handler's command and/or signal, <u>dog comes directly to front position and sits. Dog finishes and sits</u> in heel position prior to moving forward.</p>
410	 <p>Serpentine One Way With Distractions</p>	M		<p><b>Serpentines One Way with Distractions:</b> Four cones are placed 8 to 10 feet apart in a straight line. Two distractions, either toys (6-12" in size) or bowls (1-2 qt. size) with food (securely covered), shall replace the two inner cones. <u>Team enters with first cone to their left, and while heeling, weave through the cones and distractions and exits with the last cone to their right</u>. Cones and distractions may not be used by any other exercise. Other sections of the course path may not pass through the cones and distractions.</p>
411	 <p>Serpentine Down &amp; Back with Distractions</p>	M		<p><b>Serpentines Down &amp; Back with Distractions:</b> Four cones are placed 8 to 10 feet apart in a straight line. Two (2) distractions, either toys (6-12" in size) or bowls (1-2 qt. size) with food (securely covered), shall replace the two inner cones. <u>Team enters with first cone to their left, and while heeling, weave through the cones and distractions, around the last one, and back the other way. Team exits with the last cone to their left</u>. Cones and distractions may not be used by any other exercise. Other sections of the course path may not pass through the cones and distractions.</p>
412	 <p>HALT Back 1 Step HALT</p>	M	S	<p><b>Halt, Back 1 Step, Halt:</b> <u>Handler stops, dog sits</u> in heel position. <u>Team takes one handler step back</u>, dog maintains heel position. <u>Handler stops, dog sits</u> in heel position. Team heels forward.</p>
414	 <p>Halt Leave Dog</p>	M	S	<p><b>Halt, Leave Dog:</b> When used with 415, sign is placed about 5 feet to the right of and at least 10 feet before the jump. At the sign, <u>team halts and dog sits</u>. At handler's command and/or signal, <u>dog stays</u> in place and <u>handler moves along the current path to sign 415 and faces the dog</u>. When used with 416, sign is placed about 2 feet to the left of and at least 10 feet before the jump. At the sign, <u>team halts and dog sits</u>. At handler's command and/or signal, <u>dog stays</u> in place and <u>handler moves along the current path to sign 416 and faces the dog</u>. This sign is always followed by sign 415 or 416.</p>
415	 <p>Offset Recall Right Over Jump Finish Halt</p>	M	S	<p><b>Offset Recall RIGHT Over Jump:</b> <u>At handler's command and signal, dog takes the jump and comes directly to front position and sits. Dog finishes and sits</u> in heel position. Team heels forward. Sign is placed about 12 feet beyond the jump and on the same path the handler will be on when he/she walks straight forward from sign 414. This is a 180-degree change of direction sign. High Jump or Bar Jump only.</p>